

COACH'S MANUAL

CCYSA SUMMER RECREATION 2010

Game Time and Locations

Read and Copy your Game Schedule carefully. Game locations will be designated on schedules.

The listed game time is the **STARTING TIME**. Please be ready to play 15 minutes before your scheduled start time.

Cortland/Homer Game Fields:

Midget, Peewee Suggett Park (off Homer Ave, by Wickwire Pool)

Intermediate & Seniors Testa Park Starr Road Complex

Marathon Game Fields:

Midget, Peewee All games will be played at Lovell Field

Intermediate, Senior Take I-81 south to exit 9. Travel Rt. 11 south into Marathon. Go through the traffic light and take your first Right onto Brink St. The fields are at the end of the street.

McGraw Game Fields:

Midget, Peewee Bennett Street Fields. NY 41 to Elm St. extension (Outside town by the new Elm St. Bridge). Parking lot is on the left just before Bennett St.

Intermediate, Senior

Truxton Game Fields

Peewee & Senior John J. McGraw Field, State Route 13 into Truxton, left on Chenango Road, the field is on the left. Parking across the road or along side the drive. NOTE: Do not park where the fire trucks fill-up by the river (posted signs).

Contact People

Elected Board Member of CCYSA

President	Jake Jacob 753-7097 (jacobcjcj@verizon.net)
Vice President, Summer Coordinator	Harry Ashendorf 749-7237 harryash@verizon.net
Director of Registration	Pat Graham 756-8397
Treasurer	Chris Hotchkiss 753-9842
Secretary	Peter Rogati
Director of Travel	OPEN
Director of Referees	Karl Gilliland
Director of Equipment Fields/	Steve Waligurski
Director of Indoor League	Machell Phelps

Town Organizers

Homer	Harry Ashendorf 749-7237
Cortland.....	Brian Rogers 753-7985
Marathon.....	Renee Tallman
McGraw.....	Cory Smith 836-4538
Truxton.....	Angie White 607-591-2968
De Ruyter.....	Open

Practice Times and Places

Practice times and places are set by the coach and are typically held on weekday evenings (between 5:00pm – 9:00pm) or anytime on weekends.

Recommended practice lengths:

Midget.....	45 minutes
Pee Wee.....	1 hr
Intermediate.....	1 hour
Senior.....	1 hour 15 min -1 hour 30 min

In order to accommodate all teams practicing at any one location, **please be willing to share field space with another team.** The following locations are covered by CCYSA for practice purposes:

Cortland/ Homer

Midget/Pee wee	Suggett Park
Intermediate/Senior	Testa Park Starr Road Complex

Marathon, McGraw

Practice at their own village locations. Contact your respective town organizer for information

Coaches Responsibilities

General Role of Coach:

The primary objective of the Cortland County Youth Soccer Association (CCYSA) is to provide every player with the opportunity to reach their maximum potential in terms of skill, development and enjoyment of soccer. Players should have FUN! The coach will also teach good sportsmanship, self-reliance and teamwork. The emphasis is not on winning, but on playing and self-improvement. For more information on becoming a teacher of the game visit <http://www.nyswsa.org>.

Specific Responsibilities:

1. Hold regular team practices and instruct players, upholding and promoting the objectives of CCYSA. Two or Three team meetings per week is good (2 practice, 1 game – 1 practice, 2 game)
2. **Players of both teams are to sit on 1 side of the field while all spectators sit on the opposite side.**
3. Make sure **each player** on your team **plays at least 50%** of each game. This may be modified if a player consistently misses practice with no excuse. Please explain your expectations to the parent beforehand.
4. Call parents on your roster ASAP with your practice schedule. Hand out to each player at the first meeting a list of all players on your team with your practice and game schedules.
5. A copy of the registration form for each player (which includes emergency medical treatment and emergency telephone numbers) should be brought with you to each game and practice.
6. Maintain equipment during the season and return all items belonging to CCYSA to the Director of Equipment at the season-end meeting or contact the Director of Equipment for an alternate time. Pick up any stray balls. Please have players write their names on their ball.
7. Make sure trash is picked up from the field and sidelines.
8. Refer problems to the respective CCYSA official.
9. Get parents involved to assist you in organizing practice, bringing ice and fruit and promoting safety. NO climbing on goals. NO roughhousing.
10. **DO NOT ALLOW** games to be routs. Don't stifle good play; just make it harder to accomplish the same feats. Pulling off one player, moving your stronger players to defense and encouraging passing can control this. If the other team is short handed offer them your best player.
11. For liability, safety and fairness, only players on your roster are allowed to play on your team. Only the Vice President/ Summer League Coordinator can switch players for legitimate reasons only.
12. Coaches are responsible for the actions of the parents.

Summary of Rules of Play

Midget:

1. Four 9 Minute quarters
2. 4 players on the field one of which is the goal keeper
3. No off-sides (coaches should not encourage standing by the opposing goal)
4. All throw-ins are indirect kicks from the touchline where the ball went out of play.
5. All kicks will be indirect. There are **no penalty kicks**.
6. Parents need to stay on the sidelines. Only coaches may instruct players on the field and from behind the goal. **PARENTS NEED TO BE ON THE OPPOSITE SIDE OF THE FIELD ACROSS FROM PLAYERS & COACHES.**
7. No restrictions on substitutions. Changes 'on the fly' are allowed.

Peewee:

1. Four 10 minute quarters
2. 7 players on the field one of which is the goal keeper
3. Off-sides will be called
4. **No slide tackles are allowed**
5. Direct kicks are awarded for handballs, tripping and dangerous play.
6. Throw-ins take place from the spot in which the ball runs over the sideline.
7. Referee will keep score
8. At a 4 goal lead, the referee will tell the losing coach to put an extra player on the field
9. At a 5 goal lead, the referee will tell the winning coach to take a player off the field.
10. Each team must have at least two goalies play(this does not mean to put in a goalie for one minute)
11. Parents need to stay on the opposite sideline. Only coaches may instruct players on the field and from the defensive corner. **NO** coaching from behind the goal. **PARENTS NEED TO BE ON THE OPPOSITE SIDE OF THE FIELD ACROSS FROM THE PLAYERS & COACHES.**
12. Substitutions are unlimited and can take place at any stoppage of play

Intermediate:

1. Four 12 minute quarters
2. 8 players on the field one of which is the goalkeeper.
3. Off-sides will be called
4. **No slide tackles are allowed**
5. Direct kicks are awarded for handballs, tripping and dangerous play.
6. Throw-ins take place from the spot in which the ball runs over the sideline.
7. Referee will keep score
8. At a 4 goal lead, the referee will tell the losing coach to put an extra player on the field
9. At a 5 goal lead, the referee will tell the winning coach to take a player off the field.
10. Each team must have at least two goalies play(this does not mean to put in a goalie for one minute)
11. Parents need to stay on the opposite sideline. Only coaches may instruct players on the field and from the defensive corner. **NO** coaching from behind the goal. **PARENTS NEED TO BE ON THE OPPOSITE SIDE OF THE FIELD ACROSS FROM THE PLAYERS & COACHES.**
12. Substitutions are unlimited and can take place at any stoppage of play.

Senior:

1. Two 35 minute halves will be played
2. 9 players on the field one of which is the goalkeeper (coaches may agree to more or fewer players).
3. Boys Sr will be 9 players on the field one of which is the goal keeper
4. Off-sides will be called
5. No slide tackles are allowed
6. Direct kicks are awarded for tripping, handballs and dangerous play

7. Throw-ins take place from the spot in which the ball runs over the sideline.
8. Referee will keep score
9. At a 4 goal lead, the referee will tell the losing coach to put an extra player on the field
10. At a 5 goal lead, the referee will tell the winning coach to take a player off the field.
11. Each team must have at least two goalies play(this does not mean to put in a goalie for one minute
12. Parents need to stay on the opposite sideline. Only coaches may instruct players on the field and from the defensive corner. No coaching from behind the goal. **PARENTS NEED TO BE ON THE OPPOSITE SIDE OF THE FIELD ACROSS FROM THE PLAYERS & COACHES.**
13. Substitutions are unlimited and can take place at any stoppage of play